



## P2-17: Dealing with Infectious Disease Policy

The spread of infections in the early childhood environment is facilitated by microbial contamination of the environment, as well as the greater exposure to young children who are still developing hygienic behaviours and habits. Queanbeyan & District Preschool Association (QDPA) will minimise children’s exposure to infectious diseases by adhering to all recommended guidelines from relevant government authorities regarding the prevention of infectious diseases, promoting practices that reduce the transmission of infection, ensuring the exclusion of unwell children and educators, supporting child immunisation, and implementing effective hygiene practices.

QDPA will provide up-to-date information and advice to parents, families and educators sourced from the Australian Government Department of Health, Australian Health Protection Principal Committee (AHPPC) and state Ministry of Health about infectious diseases as required. Recommendations from the Health Department will be strictly always adhered to.

### NATIONAL QUALITY STANDARD (NQS)

QUALITY AREA 2: CHILDREN’S HEALTH AND SAFETY		
2.1.1	Wellbeing and comfort	Each child’s wellbeing and comfort is provided for, including appropriate opportunities to meet each child’s needs for sleep, rest, and relaxation.
2.1.2	Health practices and procedures	Effective illness and injury management and hygiene practices are promoted and implemented.
2.2	Safety	Each child is protected.

EDUCATION AND CARE SERVICES NATIONAL REGULATIONS	
77	Health, hygiene, and safe food practices
85	Incident, injury, trauma and illness policies and procedures
86	Notification to parents of incident, injury, trauma, and illness
87	Incident, injury, trauma, and illness record
88	Infectious diseases
90	Medical conditions policy
93	Administration of medication



162	Health information to be kept in enrolment record
168	Education and care service must have policies and procedures
170	Policies and procedures to be followed
172(2)(g)	a notice stating that there has been an occurrence of an infectious disease at the premises
173	Prescribed information to be displayed
175(2)(c)	Prescribed information to be notified to the Regulatory Authority- (2) any circumstance arising at the service that poses a risk to the health, safety or wellbeing of a child or children attending the service
<b>EDUCATION AND CARE SERVICES NATIONAL LAW</b>	
172	Offence to fail to display prescribed information

## RELATED POLICIES

Administration of Medication Policy Child Safe Environment Policy Dental Health Policy Enrolment Policy Family Communication Policy Governance Policy Hand Washing Policy Health and Safety Policy	Immunisation Policy Incident, Injury, Trauma, and Illness Policy Medical Conditions Policy Nappy Change and Toileting Policy Physical Environment Policy Pregnancy in Early Childhood Policy Unwell Children Policy Sleep, Rest and Relaxation Policy Work Health and Safety Policy
---	---

## PURPOSE

Children encounter many other children and adults within the Preschool environment which can result in the contraction of infectious illnesses. QDPA has a duty of care to ensure that children, families, educators, and visitors of the Preschools are provided with a high level of protection during the hours of the Preschool’s operations. QDPA aim to manage illnesses and prevent the spread of infectious diseases throughout the Preschools.

Immunisation is a simple, safe, and effective way of protecting people against harmful diseases before they come into contact with them in the community. Immunisation not only protects individuals, but also others within the community, by reducing the spread of disease and illnesses.



## SCOPE

This policy applies to children, families, educators, staff, visitors, Approved Provider, Nominated Supervisor, and management of QDPA.

## IMPLEMENTATION

Under the Education and Care Services National Regulations, the approved provider must ensure policies and procedures are in place in relation to dealing with infectious diseases. (ACECQA, August 2021).

QDPA is committed to minimise the spread of infectious diseases and viruses by implementing recommendations as stated in the *Staying healthy: Preventing infectious diseases in early childhood education and care services* (Fifth Edition) developed by the Australian Government National Health and Medical Research Council and advice provided from the Australian Health Protection Principal Committee (AHPPC).

QDPA are guided by decisions regarding exclusion periods and notification of infectious diseases by the *Australian Government- Department of Health* and local Public Health Units in our jurisdiction as per the Public Health Act.

The need for exclusion and the length of time a person is excluded from the Preschool depends on:

- how easily the infection can spread.
- how long the person is likely to be infectious and
- the severity of the infectious disease or illness.

## PREVENTING INFECTIOUS DISEASES

Children enter education and care services when their immune systems are still developing. They have not been exposed to many common germs and therefore are susceptible to bacteria that may cause infections. Given the close physical contact children have with other children in early education, it is very easy for infectious diseases and illnesses to spread through normal daily activities.

Our Preschools implement rigorous hygienic practices to limit the spread of illness and infectious diseases including:

- effective hand washing hygiene.
- cough and sneeze etiquette
- appropriate use of gloves
- exclusion of children, educators, or staff when they are unwell or displaying symptoms of an infectious disease or virus.
- effective environmental cleaning including toys and resources.



- requesting parents and visitors to wash their hands with soap and water or hand sanitizer upon arrival and departure at the Preschool.
- ensuring adequate ventilation
- encouraging children, educators, or staff to seek medical attention and get tested if they show symptoms of an infectious disease or virus, including COVID-19.

### IMMUNISATION REQUIREMENTS

Immunisation is a reliable way to prevent many childhood infectious diseases. Unvaccinated children due to their parent's conscientious objection are no longer able to be enrolled in approved early childcare services. Children who cannot be fully vaccinated due to a medical condition or who are on a recognised catch-up schedule may still be enrolled upon presentation of the appropriate form signed by a medical practitioner who meets the criteria stated by the Australian Government.

The relevant vaccinations are those under the *National Immunisation Program (NIP)*, which covers the vaccines usually administered before age five. These vaccinations must be recorded on the Australian Immunisation Register (AIR).

Educators and other staff at our Service are highly recommended to keep up to date with all immunisations including yearly influenza vaccinations. These include vaccinations recommended by the National Health and Medical Research Council (NHMRC). Annual Influenza vaccinations are provided to all QDPA permanent employees.

### REPORTING OUTBREAKS TO THE PUBLIC HEALTH UNIT AND REGULATORY AUTHORITY (REG. 175 (2) (C))

Outbreaks of communicable diseases and contagious viruses represent a threat to public health. To help prevent outbreaks, the Department of Health monitors the number of people who contract certain infectious diseases and their characteristics, the recent travel or attendance of infected people in a public place or on public transport and works with health specialists and doctors to help prevent the transmission of diseases to other people.

The Public Health Act 2010 lawfully requires and authorises doctors, hospitals, laboratories, school principals and childcare centre directors to confidentially notify the Public Health Unit (PHU) of patients with certain conditions, and to provide the required information on the notification forms. Specialist trained public health staff review this information and if necessary, contact the patient's doctor, and sometimes the patient, to provide advice about disease control and to complete the collection of information.



All information is held confidentially in order to protect the patient's privacy. Both the NSW and Commonwealth Privacy Acts only release/disclose patient information where it is lawfully required or authorised.

Management is required to notify the local PHU by phone as soon as possible after they are made aware that a child enrolled at the Service is suffering from one of the following vaccine preventable diseases:

- Diphtheria
- Mumps
- Poliomyelitis
- Haemophilus influenzae Type b (Hib)
- Meningococcal disease
- Rubella ('German measles')
- Measles
- Pertussis ('whooping cough')
- Tetanus

Notification is also required for:

- an outbreak of 2 or more people with gastrointestinal or respiratory illness

Management will closely monitor health alerts and guidelines from Public Health Units and the Australian Government- Department of Health for any advice and emergency health management in the event of a contagious illness outbreak. The Approved Provider must also notify the Regulatory Authority of any incidence of a notifiable infectious disease or illness.

All illnesses and infectious diseases of both staff and children will be recorded in OWINA on the *Illness Register*. This register also provides for the recording of reports to the Public Health Unit and Regulatory Authority for record keeping compliance.

### THE APPROVED PROVIDER/MANAGEMENT WILL ENSURE:

- safe health and hygiene practices are always implemented.
- that all information regarding the prevention and transmission of infectious diseases is sourced from a recognised Government Health authority [Australian Government Department of Health](https://www.health.gov.au)



- exclusion periods for people with infectious diseases recommended by Government Authorities are implemented for all staff, children, parents, families, and visitors.
- the Preschool's implement recommendations from [\*Staying healthy: Preventing infectious diseases in early childhood education and care services\*](#) to maintain a healthy environment
- advice and recommendations from the Australian Health Protection Principal Committee (AHPPC) and Safe Work Australia will be implemented where reasonably possible.
- children are protected from harm by ensuring relevant policies and procedures are followed regarding health and safety within the Preschool.
- required enrolment information, including health and immunisation records of enrolled children is collected, maintained, and appropriately and securely stored.
- a staff immunisation record that documents each staff member's previous infection or immunisations (including dates) is developed and maintained.
- the Public Health Unit is notified as soon as possible after they are made aware that a child enrolled has a vaccinated preventable disease.
- the Public Health Unit is notified in the event of an outbreak of viral gastroenteritis. Management must document the number of cases, dates of onset, duration of symptoms. An outbreak is when two or more children or staff have a sudden onset of diarrhoea or vomiting in a 2-day period. (NSW Government- Health 2019)
- a notice is clearly displayed stating that there has been an occurrence of an infectious disease at the service.
- required enrolment information, including health and immunisation records of enrolled children is collected, maintained, and appropriately and securely stored.
- daily attendance records for staff, children and visitors are always up to date.

### MANAGING A POSITIVE CASE OF COVID-19 IN ECEC SETTINGS

Changes may occur to how QDPA manages positive cases of COVID-19. We will be directed by our regulatory authority as to what procedures need to be followed to ensure the health and safety of all staff, children, and families.

As COVID-19 is easily transmissible in education and care services, QDPA has implemented a range of risk mitigation strategies to assist in protecting children, adults, and visitors at the service.

Although it is no longer a legal requirement for a child or adult to self-isolate if diagnosed with COVID-19, QDPA will continue to exclude children, staff, and visitors to our Preschools if they test positive to COVID-19 and are symptomatic. Staff, children, and visitors can return to our Preschools when they are no longer displaying any



symptoms of COVID-19. If staff, children, and visitors return to Preschool whilst still testing positive, but not symptomatic, they must always wear a mask, where it is safe to do so.

### **A NOMINATED SUPERVISOR/ RESPONSIBLE PERSON WILL ENSURE:**

- a hygienic environment is promoted and maintained.
- children are supported in their understanding of health and hygiene practices throughout the daily program and routine (hand washing, hand drying, cough and sneeze etiquette)
- educators and staff are aware of relevant immunisation guidelines for children and themselves.
- wall charts about immunisation are displayed.
- an Immunisation History Statement for each child is collected on enrolment and maintained/updated regarding the child's immunisation status (AIR) and any medical conditions.
- families are provided with relevant sourced materials and information on infectious diseases, health, and hygiene including:
  - the current National Immunisation Schedule
  - exclusion guidelines in the event of a vaccine preventable illness at the Service for children that are not immunised or have not yet received all their immunisations.
  - advice and information regarding any infectious diseases in general and information regarding any specific infectious illnesses that are suspected/present in the Service.
- families are provided with information about an infectious disease verbally and by displaying and emailing the Infectious Diseases Notification Form and details.
- information or factsheets related to the disease/infection and the necessary precautions/exclusions required will be provided to families.
- families are advised that they are requested to alert the Preschool if their child is diagnosed with an infectious illness, including COVID-19
- all educators are mindful and maintain confidentiality of individual children's medical circumstances.
- that opportunities for educators to source pertinent up to date information from trusted sources on the prevention of infectious diseases and maintaining health and hygiene are provided.
- that opportunities for staff, children, and families to have access to health professionals by organising visits/guest speakers to attend the service to confirm best practice are provided.
- families are advised to keep children at home if they are unwell. If a child has been sick, they must be well for 24hrs before returning to Preschool. The Nominated Supervisor may approve the child's return to the Preschool if families provide a doctor's certificate/clearance certifying that the child is no longer contagious and is in good



health. Please note it is not always possible to obtain a doctor's certificate or clearance for suspected cases of an illness. The decision to approve a child's return is up to the Approved Provider/Nominated supervisor.

- to complete the register of *Incident, Injury, Trauma, or Illness* and/or document incidents of infectious diseases no later than 24 hours of an illness or infectious disease occurring in the Preschool
- educators or staff who have diarrhoea or an infectious disease do not handle food for others and are not to return to work until they have been symptom free for 48 hours.
- any risk to a child or adult with complex medical needs is minimised in the event of an outbreak of an infectious disease or virus. This may require a risk assessment and decision-making regarding the suitability of attendance of the child or staff member during this time.

### EDUCATORS WILL ENSURE:

- that any child suspected of having an infectious illness is responded to and their health and emotional needs always supported
- any child suspected of having an infectious illness is isolated from other children and supervised whilst waiting for collection by parents or guardian.
- that appropriate health and safety procedures are implemented when treating ill children; wear disposable gloves, face mask or other PPE if needed.
- families are aware of the need to collect their unwell child/ children within 30 minutes from the Preschool.
- after confirmation that a child is suffering from an infectious disease, and as soon as practical, the family of each child must be notified whilst maintaining the privacy of the ill/infectious child. Communication may be:
  - verbally
  - through a letter from the educator or Approved Provider
  - posting a note or sign at the entry of the residence
  - via electronic message- text message or email
- all resources or items touched by a child with a suspected illness are thoroughly cleaned and disinfected- (cushions, pillows, toys)
- their own immunisation status is maintained, and the Approved Provider/Nominated Supervisor is advised of any updates to their immunisation status.
- opportunities are provided for children to participate in hygiene practices, including routine opportunities, and intentional practice such as hand washing, sneezing and cough etiquette.
- consideration is given to the combination of children to decrease the risk of attaining an infectious illness when planning the routines/program of the day.





- they adhere to QDPA's health and hygiene policy including:
  - hand washing
  - daily cleaning of the Preschool
  - wearing gloves (particularly when in direct contact with bodily fluids (nappy changing and toileting)
  - appropriate and hygienic handling and preparation of food
  - wearing face masks (if mandated by PHU)
  - COVID Safe Plan
- they maintain up-to-date knowledge with respect to Health and Safety through on-going professional development opportunities.
- Children who are resting or sleeping, are positioned a safe distance from each other to prevent any spread of illness or infection. Where possible, a head to toe resting/sleeping arrangement is encouraged.
- bedding is washed after each use, and if the surface is known to be contaminated with a potential infectious disease, disinfectant is also used to clean the surface.
- If there is an outbreak of vomiting and/or diarrhoea, or any other contagious communicable disease, play dough is to be discarded at the end of each day and a new batch made each day for the duration of the outbreak. Playdough should be prepared for the separate programs across the Preschool, to avoid potential spread of illness/infectious across other cohorts of children.
- children wash their hands before and after any experience that may have a higher risk of spreading illness/infectious diseases, such as cooking experiences.

### PREVENTION STRATEGIES FOR MINIMISING THE SPREAD OF DISEASE WITHIN OUR PRESCHOOLS INCLUDE

#### ALL STAFF ENSURING:

- full adherence to the NHMRC childcare cleaning guidelines
- to clean surfaces first with detergent and water before using disinfectants. (Disinfectants cannot kill germs unless areas are clean)
- that a daily clean is carried out on other surfaces that may transmit germs such as high touch objects including doorknobs, tables, light switches, handles, remotes, low shelving, etc. This will be increased to several times a day if an outbreak of an infectious disease/virus has been recorded in the Preschool or to minimise the risk of transmission of a virus such as COVID-19
- that if a child has a toileting accident, the items are placed in a plastic bag with the child's name on it. The plastic bag will be stored in a sealed container labelled 'soiled/wet clothing' for parents to take home.



- cloths are colour coded so that a separate cloth is used to clean floors, bathroom, art and craft, and meal surfaces, and coloured cloths are washed separately to avoid cross contamination.
- that any toy that is mouthed by a child is removed and washed with warm soapy water at the end of the day. All washable toys out on display for the children are to be washed on a weekly basis to decrease the risk of cross contamination.
- toys and equipment (that are difficult to wash) will be washed with detergent (or soap and water) and air-dried in sunlight.
- washable toys and equipment will be washed in detergent and hot water or the dishwasher/washing machine and aired to dry (toys will not be washed in the dishwasher at the same time as dishes).
- all cleaning procedures will be recorded on the relevant cleaning Checklists.
- furnishings, fabric tablecloths and pillowcases will be laundered at the end of each week and hung out to dry. This will be increased to the end of each program across the week during winter months or daily during an outbreak of illness in the Preschool.
- floor surfaces will be cleaned daily after each meal and at the end of each day.
- toilets/bathrooms will be cleaned in the middle of the day, the end of the day and whenever needed throughout the day using detergent and water followed by disinfectant and paper towel.
- when cleaning up spills of faeces, vomit or urine off floors, bathrooms etc. educators will use disinfectant on the surface after cleaning it with detergent and warm water.

### FAMILIES WILL:

- adhere to the QDPA's policies regarding *Dealing with Infectious Diseases, Immunisation, Unwell Children*, and exclusion requirements.
- adhere to the QDPA's restrictions of entry into the Preschool's in the event of an outbreak of an infectious disease or virus.
- adhere to QDPA's policy regarding *Hand Washing*
- exclude their child from care if they display symptoms of an infectious illness or disease or in the event of a vaccine preventable disease occurs in the Preschool and their child is not immunised fully.
- alert the Preschool if their child is diagnosed with an infectious illness, including COVID-19
- advise the Preschool of their child's immunisation status, by providing a current Immunisation History Statement recorded on the Australian Immunisation Register (AIR) for the Preschool to copy and place in the child's file.
- advise the Preschool when their child's medical action plan is updated.
- provide sufficient spare clothing, particularly if the child is toilet learning.



- adhere to QDPA's risk minimisation strategies if their child has complex medical needs in the event of an outbreak of an infectious disease or virus.

## Resources

[Gastro Pack NSW Health](#)

[Recommended exclusion periods- Poster Staying Healthy: Preventing Infectious diseases in early childhood education and care services.](#)

[Time Out Keeping your child and other kids healthy!](#) (Queensland Government) Updated Nov 22

Time Out Brochure [Why do I need to keep my child at home?](#)

## CONTINUOUS IMPROVEMENT/REFLECTION

Our *Dealing with Infectious Diseases Policy* will be reviewed on an annual basis in consultation with children, families, staff, educators, and management.

## SOURCE

Australian Children's Education & Care Quality Authority. (2014).

ACECQA. (2021). Policy and procedure guidelines. *Dealing with Infectious Diseases*.

Australian Government Department of Health *Health Topics* <https://www.health.gov.au/health-topics>

Australian Government. Department of Health (2019). *National Immunisation Strategy for Australia 2019-2024* [https://www.health.gov.au/sites/default/files/national-immunisation-strategy-for-australia-2019-2024\\_0.pdf](https://www.health.gov.au/sites/default/files/national-immunisation-strategy-for-australia-2019-2024_0.pdf)

Australian Government Department of Health Australian Health Protection Principal Committee (AHPPC)

Department of Human Resources: National Immunisation Program Schedule: <https://beta.health.gov.au/initiatives-and-programs/national-immunisation-program>

Early Childhood Australia Code of Ethics. (2016).

Education and Care Services National Law Act 2010. (Amended 2018).

[Education and Care Services National Regulations](#). (2011).

Guide to the Education and Care Services National Law and the Education and Care Services National Regulations. (2017).

Guide to the National Quality Framework. (2017). (Amended 2020).

Guide to the National Quality Standard. (2020).

Medicare Australia (Department of Human Services): <https://www.humanservices.gov.au/individuals/medicare>

National Health and Medical Research Council (NHMRC): <https://www.nhmrc.gov.au/>

National Health and Medical Research Council. (2012). *Staying healthy: Preventing infectious diseases in early childhood education and care services*.



NSW Government. Department of Education. Managing COVID cases. <https://education.nsw.gov.au/early-childhood-education/coronavirus/managing-covid-cases>

NSW Government Department of Health. Vaccination requirements for child care.

[https://www.health.nsw.gov.au/immunisation/Pages/childcare\\_qa.aspx](https://www.health.nsw.gov.au/immunisation/Pages/childcare_qa.aspx)

NSW Public Health Unit: <https://www.health.nsw.gov.au/Infectious/Pages/phus.aspx>

*Public Health Act 2010*

*Public Health Amendment Act 2017*

Public Health Regulation 2012

Public Health and Wellbeing Regulations 2019 Victoria

Queensland Government. Department of Education. Information for early childhood service providers, Managing COVID-19 safely. <https://alt-qed.qed.qld.gov.au/covid19/early-childhood-service-operations/information-for-early-childhood-service-providers>

Queensland Health [Information for parents about infectious diseases and exclusion periods in Queensland early childhood education centres and schools](#)

Revised National Quality Standard. (2018).

Safe Work Australia

## REVIEW

Version Control	Date	Author	Description of Change
1.0	2023	QDPA	Original document <ul style="list-style-type: none"><li>Split document from Immunisation &amp; Infectious Control policy</li><li>Childcare Centre Desktop template sourced to check for current information</li></ul>